

St Joseph's PS, Lisburn Menu

For further information on allergenic ingredients please contact the school.

	Monday	Tuesday	Wednesday	Thursday	Friday
31/08/15 28/09/15 26/10/15 23/11/15 21/12/15	Pizza or Chicken Burger & Bap Salad & Coleslaw Chips or Baked Potato Flakemeal Biscuit/Fresh Fruit/Milk	Savoury Mince Diced Carrots Mashed Potatoes or Lasagne Salad/Crusty Bread Fruit Crumble & Custard	Roast Beef, Gravy Carrot & Parsnip Mashed/Dry Roast Potatoes Jelly, Fruit & Ice Cream	Oven Baked Salmon Fillet or Breaded Fish Beans Mashed Potatoes Chocolate Sponge & Custard	Chicken Curry, Rice & Naan Bread or Irish Stew & Wheaten Bread Fruit Muffin & Milkshake
07/09/15 05/10/15 02/11/15 30/11/15	Filled Baked Potato Salad or Sausages Beans Mashed Potatoes Yoghurt	Pizza or Beefburger in Bap Peas & Sweetcorn Herby Diced Potatoes Ice Cream & Chocolate Sauce	Roast Pork, Apple Sauce Stuffing & Gravy Turnip Mashed/Dry Roast Potatoes Ginger Biscuit/Milk & Fruit	Spaghetti Bolognaise Crusty Bread or Cottage Pie Mixed Vegetables Gravy Mandarin Sponge & Custard	Breaded Fish or Chilli Chicken Wraps Salad & Coleslaw Chips or Baked Potato Fresh Fruit Salad or Melon
14/09/15 12/10/15 09/11/15 07/12/15	Irish Stew & Wheaten Bread or Chicken Pasta Bake Salad Date Krispie & Custard	Hotdog or Filled Baguette Baked Beans Diced Potatoes Fruit & Yoghurt Muffin & Milk	Roast Gammon & Pineapple Stuffing, Gravy Broccoli Dry Roast/Mashed Potatoes Jelly, Fruit & Ice Cream	Chicken Curry, Rice & Naan Bread or Chicken Pie with Potato Topping Sweetcorn Chocolate Sponge & Custard	Fish Fingers or Pizza Peas Chips or Baked Potato Flakemeal Biscuit, Fresh Fruit & Milk
21/09/15 19/10/15 16/11/15 14/12/15	Chicken Bites or Bacon Rolls Beans Mashed Potatoes Rice Pudding & Oranges	Pasta Bolognaise Sweetcorn Crusty Bread or Pork Casserole Carrots Mashed Potatoes Shortbread, Fresh Fruit & Milk	Roast Turkey, Stuffing, Gravy Peas, Carrots Dry Roast/Creamed Potatoes Fruit Sponge & Custard	Vegetable Soup Ham Bap or Beef Burger in a Bap Salad, Cheese, Coleslaw Chocolate Bun, Melon	Breaded Fish or Chicken Curry & Rice Peas Chips or Baked Potatoes Frozen Mousse

Water/Bread/Fruit/Yoghurt/Milk available daily